

## **Lindsay St. George**

Dr. Lindsay St. George is a Research Fellow at the University of Lancashire where she completed her PhD and her MSc Veterinary Physiotherapy and Clinical Rehabilitation. She is research active in the field of equine biomechanics and neuromuscular control and is involved in several national and international research collaborations, as well as the supervision of postgraduate students. Her main research interest is using surface electromyography (sEMG) and motion capture technologies to investigate how equine muscles facilitate normal and abnormal movement, and to contribute to the development of evidence-based veterinary physiotherapy. Alongside her academic career, she runs an equine therapy and rehabilitation practice, which uniquely integrates her research background and expertise in equine biomechanics to deliver treatments that are truly evidence-based. She uses objective gait analysis and state-of-the-art sEMG and motion sensing technologies to deliver and objectively monitor physiotherapeutic treatments that are backed by data and scientific evidence.

Further details:

[www.equine-biomechanics.com](http://www.equine-biomechanics.com)